

BALLET

2025 - 2026	2026 - 2027																					
New Classes (2 - 3 yr.) (with parents) -->	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Pre - Little Ballerina A</td><td>Tuesday</td><td>17:30 - 18:00</td></tr> <tr><td>Pre - Little Ballerina B</td><td>Thursday</td><td>17:00 - 17:30</td></tr> <tr><td>Pre - Little Ballerina C</td><td>Saturday</td><td>09:00 - 09:30</td></tr> <tr><td>Pre - Little Ballerina D</td><td>Saturday</td><td>10:00 - 10:30</td></tr> </table>	Pre - Little Ballerina A	Tuesday	17:30 - 18:00	Pre - Little Ballerina B	Thursday	17:00 - 17:30	Pre - Little Ballerina C	Saturday	09:00 - 09:30	Pre - Little Ballerina D	Saturday	10:00 - 10:30									
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New Classes (3 - 4 yr.) -->	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Little Ballerina A</td><td>Wednesday</td><td>17:30 - 18:00</td></tr> <tr><td>Little Ballerina B</td><td>Friday</td><td>16:45 - 17:15</td></tr> <tr><td>Little Ballerina C</td><td>Saturday</td><td>09:30 - 10:00</td></tr> <tr><td>Little Ballerina D</td><td>Saturday</td><td>10:30 - 11:00</td></tr> </table> <p style="text-align: center; font-size: small;"><i>Pre - Little Ballerina (2025-26) can choose any group of Little Ballerina they wish.</i></p>	Little Ballerina A	Wednesday	17:30 - 18:00	Little Ballerina B	Friday	16:45 - 17:15	Little Ballerina C	Saturday	09:30 - 10:00	Little Ballerina D	Saturday	10:30 - 11:00									
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New Classes (4 - 5 1/2 yr.) -->	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Babies A</td><td>Wednesday</td><td>16:45 - 17:30</td></tr> <tr><td>Babies B</td><td>Thursday</td><td>15:45 - 16:30</td></tr> <tr><td>Babies C</td><td>Friday</td><td>17:15 - 18:00</td></tr> <tr><td>Babies D</td><td>Saturday</td><td>09:10 - 09:55</td></tr> <tr><td>Babies E</td><td>Saturday</td><td>09:55 - 10:40</td></tr> <tr><td>Babies F</td><td>Saturday</td><td>10:40 - 11:25</td></tr> </table> <p style="text-align: center; font-size: small;"><i>Little Ballerina (2025-26) can choose any group of Babies they wish.</i></p>	Babies A	Wednesday	16:45 - 17:30	Babies B	Thursday	15:45 - 16:30	Babies C	Friday	17:15 - 18:00	Babies D	Saturday	09:10 - 09:55	Babies E	Saturday	09:55 - 10:40	Babies F	Saturday	10:40 - 11:25			
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New Classes (6 1/2 - 7 1/2 yr.) -->	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Primary A</td><td>Monday</td><td>16:30 - 17:30</td></tr> <tr><td></td><td>Thursday</td><td>15:00 - 16:00</td></tr> <tr><td>Primary B</td><td>Tuesday - Friday</td><td>15:00 - 16:00</td></tr> <tr><td>Primary C</td><td>Wednesday</td><td>15:00 - 16:00</td></tr> <tr><td></td><td>Saturday</td><td>11:00 - 12:00</td></tr> <tr><td>Primary D</td><td>Wednesday</td><td>16:00 - 17:00</td></tr> <tr><td></td><td>Saturday</td><td>11:30 - 12:30</td></tr> </table> <p style="text-align: center; font-size: small;"><i>Pre-Primary (2025-26) can choose any group of Primary they wish.</i></p>	Primary A	Monday	16:30 - 17:30		Thursday	15:00 - 16:00	Primary B	Tuesday - Friday	15:00 - 16:00	Primary C	Wednesday	15:00 - 16:00		Saturday	11:00 - 12:00	Primary D	Wednesday	16:00 - 17:00		Saturday	11:30 - 12:30
Primary A	Monday	16:30 - 17:30																				
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New Classes (7 1/2 - 8 1/2 yr.) -->	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Grade 1A</td><td>Monday</td><td>17:00 - 18:30</td></tr> <tr><td></td><td>Thursday</td><td>17:30 - 19:00</td></tr> <tr><td>Grade 1B</td><td>Tuesday - Friday</td><td>15:00 - 16:30</td></tr> <tr><td></td><td>Wednesday</td><td>16:00 - 17:30</td></tr> <tr><td>Grade 1C</td><td>Saturday</td><td>12:00 - 13:30</td></tr> </table> <p style="text-align: center; font-size: small;"><i>Primary (2025-26) can choose any group of Grade 1 they wish.</i></p>	Grade 1A	Monday	17:00 - 18:30		Thursday	17:30 - 19:00	Grade 1B	Tuesday - Friday	15:00 - 16:30		Wednesday	16:00 - 17:30	Grade 1C	Saturday	12:00 - 13:30						
Grade 1A	Monday	17:00 - 18:30																				
	Thursday	17:30 - 19:00																				
Grade 1B	Tuesday - Friday	15:00 - 16:30																				
	Wednesday	16:00 - 17:30																				
Grade 1C	Saturday	12:00 - 13:30																				
New Classes (8 1/2 - 9 1/2 yr.) -->	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Grade 2 A</td><td>Monday</td><td>15:00 - 16:30</td></tr> <tr><td></td><td>Thursday</td><td>16:00 - 17:30</td></tr> <tr><td>Grade 2 B</td><td>Tuesday - Friday</td><td>16:00 - 17:30</td></tr> <tr><td></td><td>Wednesday</td><td>17:00 - 18:30</td></tr> <tr><td>Grade 2 C</td><td>Saturday</td><td>12:30 - 14:00</td></tr> </table> <p style="text-align: center; font-size: small;"><i>Grade 1 (2025-26) can choose any group of Grade 2 they wish.</i></p>	Grade 2 A	Monday	15:00 - 16:30		Thursday	16:00 - 17:30	Grade 2 B	Tuesday - Friday	16:00 - 17:30		Wednesday	17:00 - 18:30	Grade 2 C	Saturday	12:30 - 14:00						
Grade 2 A	Monday	15:00 - 16:30																				
	Thursday	16:00 - 17:30																				
Grade 2 B	Tuesday - Friday	16:00 - 17:30																				
	Wednesday	17:00 - 18:30																				
Grade 2 C	Saturday	12:30 - 14:00																				
New Classes (9 1/2 - 10 1/2 yr.) -->	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td>Grade 3A</td><td>Monday - Thursday</td><td>17:30 - 19:00</td></tr> <tr><td></td><td>Wednesday</td><td>18:00 - 19:30</td></tr> <tr><td>Grade 3B</td><td>Saturday</td><td>13:30 - 15:00</td></tr> </table> <p style="text-align: center; font-size: small;"><i>Grade 2 (2025-26) can choose any group of Grade 3 A & B they wish.</i></p>	Grade 3A	Monday - Thursday	17:30 - 19:00		Wednesday	18:00 - 19:30	Grade 3B	Saturday	13:30 - 15:00												
Grade 3A	Monday - Thursday	17:30 - 19:00																				
	Wednesday	18:00 - 19:30																				
Grade 3B	Saturday	13:30 - 15:00																				
Grade 3A	Tuesday - Friday	16:00 - 17:30	Grade 3C	Tuesday - Friday	16:30 - 18:00																	
Grade 3B	Wednesday	18:30 - 20:00	Grade 3D	Wednesday	18:30 - 20:00																	
				Saturday	14:00 - 15:30																	
Grade 3C	Monday - Thursday	17:30 - 19:00	Grade 4A	Monday	18:00 - 19:30																	
				Thursday	16:30 - 18:00																	
Grade 4A	Monday - Thursday	15:00 - 17:00	Grade 5A	Monday - Thursday	15:00 - 17:00																	
Grade 5A	Tuesday - Friday	17:00 - 19:00	Intermediate Foundation A & Grade 6 A (Modern)	Tuesday	18:00 - 20:30																	
				Friday	18:00 - 20:00																	
Intermediate A & Grade 6A (Modern)	Friday	19:00 - 21:00	Intermediate A & Intermediate A (Modern)	Tuesday	18:00 - 20:00																	
Intermediate B & Grade 6B (Modern)	Friday	19:00 - 21:00		Friday	18:00 - 20:30																	
	Friday	18:00 - 20:30																				
Intermediate C & Intermediate A (Modern)	Monday	18:00 - 20:00	Intermediate B & Advanced 1 A (Modern)	Monday	18:30 - 21:00																	
	Thursday	18:00 - 20:30		Thursday	19:00 - 21:00																	

Primary, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, Intermediate Foundation and Intermediate sections combine the course Ballet (RAD exams) and Modern (ISTD exams).

2025 - 2026			2026 - 2027		
Intermediate D	Monday Thursday	19:00 - 20:00 18:30 - 20:00	Advance Foundation A	Monday Thursday	19:00 - 20:00 19:00 - 20:30
Intermediate E	Tuesday Saturday	19:00 - 20:30 13:30 - 14:30	Advance Foundation B	Wednesday Saturday	19:30 - 21:00 13:00 - 14:00
<i>Ballet class Advance Foundation A & B (RAD exams) sections combine the modern class Advanced 1 (ISTD exams). (see below)</i>					
Advance Foundation A	Monday Thursday	18:30 - 20:00 19:00 - 20:00	Advanced 1 A (Ballet)	Monday Thursday	19:15 - 20:00 19:00 - 20:00
New Class -->			Grade 8	Tuesday	20:30 - 21:30
Ballet Technique Class	Monday Friday	20:00 - 21:00 15:00 - 16:00	Ballet Technique Class Level 1	Friday	20:00 - 21:00
			<i>(for Intermediate Foundation and Intermediate)</i>		
			Ballet Technique Class Level 2	Monday	20:00 - 21:30
			<i>(for Advanced Foundation and Advanced 1)</i>		
New Class (10+ yr.) -->			Repertoire Class	Thursday	20:00 - 21:00
MODERN DANCE					
<i>Program available in the "Ballet" category --></i>			<i>Primary, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5 and Intermediate sections combine the course ballet (RAD exams) and modern (ISTD exams).</i>		
New Class -->			Advanced 1 B (Modern)	Monday Thursday	20:00 - 21:00 18:00 - 19:00
CONTEMPORARY DANCE					
New Class (5 - 6 yr.) -->			Junior Movers	Wednesday	17:30 - 18:15
Junior Movers	Friday	16:15 - 17:00	Level 1	Wednesday	16:00 - 16:45
Level 1	Wednesday	16:15 - 17:00	Level 2	Tuesday	15:00 - 16:00
Level 2	Friday	17:00 - 18:00	Level 3	Tuesday	17:00 - 18:00
Level 3	Tuesday	16:00 - 17:00	Level 4	Tuesday	16:00 - 17:00
Level 5	Tuesday	17:00 - 18:00	Level 6	Friday	18:30 - 19:30
Level 6	Wednesday	18:00 - 19:00	Level 7	Wednesday	18:15 - 19:15
Level 7	Wednesday	15:00 - 16:00	Level 8	Wednesday	15:00 - 16:00
Level 9A	Tuesday	18:00 - 19:00	Level 10A	Tuesday	18:00 - 19:00
Level 9B	Wednesday	19:00 - 20:00	Level 10B	Wednesday	19:15 - 20:15
COMMERCIAL DANCE					
New students can join in any class they wish according to their age and their level.			Level 1	Thursday (5 - 6,5 yr.)	16:15 - 17:00
			Level 2	Thursday (6,5 - 8 yr.)	17:00 - 18:00
			Level 3	Tuesday (8 - 9,5 yr.)	18:00 - 19:00
			Level 4A	Tuesday (9,5 - 11,5 yr.)	15:00 - 16:00
			Level 4B	Friday (9,5 - 11,5 yr.)	16:00 - 17:00
			Level 5A	Tuesday (11,5 - 14 yr.)	17:00 - 18:00
			Level 5B	Tuesday (11,5 - 14 yr.)	19:00 - 20:00
			Level 5C	Thursday (11,5 - 14 yr.)	19:00 - 20:00
			Level 6A	Wednesday (14 - 15 yr.)	20:15 - 21:15
			Level 6B	Thursday (14 - 15 yr.)	18:00 - 19:00
			Level 6C	Friday (14 - 15 yr.)	17:00 - 18:00
			Level 7A	Tuesday (15 - 16 yr.)	20:00 - 21:00
			Level 7B	Friday (15 - 16 yr.)	19:00 - 20:00
Level 9	Thursday (16 - 18 yr.)	20:00 - 21:15			
HEELS DANCE					
New Class (15+ yr.) -->			Level 1	Friday	20:00 - 21:00
TAP DANCE					
New Class (8 - 10 yr.) -->			Primary	Tuesday	16:00 - 17:00
Level 1	Friday	15:00 - 16:00	Level 2	Friday	15:00 - 16:00
Level 2A	Tuesday	19:00 - 20:00	Level 3	Thursday	15:00 - 16:15
Level 2B	Thursday	15:15 - 16:00	Level 4	Monday Friday	15:15 - 16:15 18:00 - 19:00
Level 3	Friday	17:00 - 18:00			
STRETCHING & STRENGTHENING CLASS					
New Class -->			Level 1A	Monday (9+ yr.)	14:30 - 15:15
			Level 1B	Thursday (9+ yr.)	14:15 - 15:00
PROGRESSING BALLET TECHNIQUE CLASS					
New Class -->			Level 1	Saturday (10+ yr.)	12:00 - 13:00