

BALLET

2025 - 2026

2026 - 2027

New Classes (2 - 3 yr.) (with parents) -->

Pre - Little Ballerina A	Tuesday	17:30 - 18:00
Pre - Little Ballerina B	Thursday	17:00 - 17:30
Pre - Little Ballerina C	Saturday	09:00 - 09:30
Pre - Little Ballerina D	Saturday	10:00 - 10:30

New Classes (3 - 4 yr.) -->

Little Ballerina A	Wednesday	17:30 - 18:00
Little Ballerina B	Friday	16:45 - 17:15
Little Ballerina C	Saturday	09:30 - 10:00
Little Ballerina D	Saturday	10:30 - 11:00

Pre - Little Ballerina (2025-26) can choose any group of Little Ballerina they wish.

New Classes (4 - 5^{1/2} yr.) -->

Babies A	Wednesday	16:45 - 17:30
Babies B	Thursday	15:45 - 16:30
Babies C	Friday	17:15 - 18:00
Babies D	Saturday	09:10 - 09:55
Babies E	Saturday	09:55 - 10:40
Babies F	Saturday	10:40 - 11:25

Little Ballerina (2025-26) can choose any group of Babies they wish.

New Classes (5^{1/2} - 6^{1/2} yr.) -->

Pre - Primary A	Wednesday	15:00 - 16:00
Pre - Primary B	Friday	15:45 - 16:45
Pre - Primary C	Friday	17:30 - 18:30
Pre - Primary D	Saturday	09:00 - 10:00
Pre - Primary E	Saturday	10:00 - 11:00
Pre - Primary F	Saturday	11:00 - 12:00

Babies (2025-26) can choose any group of Pre-Primary they wish.

New Classes (6^{1/2} - 7^{1/2} yr.) -->

Primary A	Monday	16:30 - 17:30
	Thursday	15:00 - 16:00
Primary B	Tuesday - Friday	
		15:00 - 16:00
Primary C	Wednesday	15:00 - 16:00
	Saturday	11:00 - 12:00
Primary D	Wednesday	16:00 - 17:00
	Saturday	11:30 - 12:30

Pre-Primary (2025-26) can choose any group of Primary they wish.

New Classes (7^{1/2} - 8^{1/2} yr.) -->

Grade 1A	Monday	17:00 - 18:30
	Thursday	17:30 - 19:00
Grade 1B	Tuesday - Friday	
		15:00 - 16:30
Grade 1C	Wednesday	16:00 - 17:30
	Saturday	12:00 - 13:30

Primary (2025-26) can choose any group of Grade 1 they wish.

New Classes (8^{1/2} - 9^{1/2} yr.) -->

Grade 2 A	Monday	15:00 - 16:30
	Thursday	16:00 - 17:30
Grade 2 B	Tuesday - Friday	
		16:00 - 17:30
Grade 2 C	Wednesday	17:00 - 18:30
	Saturday	12:30 - 14:00

Grade 1 (2025-26) can choose any group of Grade 2 they wish.

New Classes (9^{1/2} - 10^{1/2} yr.) -->

Grade 3A	Monday - Thursday	
		17:30 - 19:00
Grade 3B	Wednesday	18:00 - 19:30
	Saturday	13:30 - 15:00

Grade 2 (2025-26) can choose any group of Grade 3 A & B they wish.

Grade 3A Tuesday - Friday 16:00 - 17:30

Grade 3B Wednesday 18:30 - 20:00

Grade 3C Monday - Thursday 17:30 - 19:00

Grade 4A Monday - Thursday 15:00 - 17:00

Grade 5A Tuesday - Friday 17:00 - 19:00

Intermediate A Tuesday 18:00 - 20:30

& Grade 6A (Modern) Friday 19:00 - 21:00

Intermediate B Tuesday 19:00 - 21:00

& Grade 6B (Modern) Friday 18:00 - 20:30

Intermediate C Monday 18:00 - 20:00

& Intermediate A (Modern) Thursday 18:00 - 20:30

Grade 3C Tuesday - Friday 16:30 - 18:00

Grade 3D Wednesday 18:30 - 20:00

Saturday 14:00 - 15:30

Grade 4A Monday 18:00 - 19:30

Thursday 16:30 - 18:00

Grade 5A Monday - Thursday 15:00 - 17:00

Intermediate Foundation A Tuesday 18:00 - 20:30

& Grade 6 A (Modern) Friday 18:00 - 20:00

Intermediate A Tuesday 18:00 - 20:00

& Intermediate A (Modern) Friday 18:00 - 20:30

Intermediate B Monday 18:30 - 21:00

& Advanced 1 A (Modern) Thursday 19:00 - 21:00

Primary, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5, Intermediate Foundation and Intermediate sections combine the course Ballet (RAD exams) and Modern (ISTD exams).

2025 - 2026			2026 - 2027		
Intermediate D	Monday	19:00 - 20:00	Advance Foundation A	Monday	19:00 - 20:00
	Thursday	18:30 - 20:00		Thursday	19:00 - 20:30
Intermediate E	Tuesday	19:00 - 20:30	Advance Foundation B	Wednesday	19:30 - 21:00
	Saturday	13:30 - 14:30		Saturday	13:00 - 14:00
<i>Ballet class Advance Foundation A & B (RAD exams) sections combine the modern class Advanced 1 (ISTD exams). (see below)</i>					
Advance Foundation A	Monday	18:30 - 20:00	Advanced 1 A (Ballet)	Monday	19:15 - 20:00
	Thursday	19:00 - 20:00		Thursday	19:00 - 20:00
New Class -->			Grade 8	Tuesday	20:30 - 21:30
Ballet Technique Class	Monday	20:00 - 21:00	Ballet Technique Class Level 1	Friday	20:00 - 21:00
	Friday	15:00 - 16:00	<i>(for Intermediate Foundation and Intermediate)</i>		
	Friday	19:00 - 20:30	Ballet Technique Class Level 2	Monday	20:00 - 21:30
New Class (10+ yr.) -->			<i>(for Advanced Foundation and Advanced 1)</i>		
			Repertoire Class	Thursday	20:00 - 21:00

MODERN DANCE

<i>Program available in the "Ballet" category --></i>	<i>Primary, Grade 1, Grade 2, Grade 3, Grade 4, Grade 5 and Intermediate sections combine the course ballet (RAD exams) and modern (ISTD exams).</i>				
New Class -->	Advanced 1 B (Modern)	Monday	20:00 - 21:00	Thursday	18:00 - 19:00

CONTEMPORARY DANCE

New Class (5 - 6 yr.) -->			Junior Movers	Tuesday	15:15 - 16:00
Junior Movers	Friday	16:15 - 17:00	Level 1	Wednesday	17:30 - 18:15
Level 1	Wednesday	16:15 - 17:00	Level 2	Wednesday	16:00 - 16:45
Level 2	Friday	17:00 - 18:00	Level 3	Tuesday	17:00 - 18:00
Level 3	Tuesday	16:00 - 17:00	Level 4	Tuesday	16:00 - 17:00
Level 5	Tuesday	17:00 - 18:00	Level 6	Friday	18:30 - 19:30
Level 6	Wednesday	18:00 - 19:00	Level 7	Wednesday	18:15 - 19:15
Level 7	Wednesday	15:00 - 16:00	Level 8	Wednesday	15:00 - 16:00
Level 9A	Tuesday	18:00 - 19:00	Level 10A	Tuesday	18:00 - 19:00
Level 9B	Wednesday	19:00 - 20:00	Level 10B	Wednesday	19:15 - 20:15

COMMERCIAL DANCE

<p>New students can join in any class they wish according to their age and their level.</p>	Level 1A	Thursday (5 - 6.5 yr.)	16:15 - 17:00	
	Level 1B	Saturday (5 - 6.5 yr.)	14:30 - 15:15	new class
	Level 2A	Thursday (6.5 - 8 yr.)	17:00 - 18:00	
	Level 2B	Saturday (6.5 - 8 yr.)	13:30 - 14:30	new class
	Level 3	Tuesday (8 - 9.5 yr.)	18:00 - 19:00	
	Level 4A	Tuesday (9.5 - 11 xp.)	15:00 - 16:00	
	Level 4B	Friday (9.5 - 11 xp.)	16:00 - 17:00	
	Level 5A	Tuesday (11 - 12.5 yr.)	17:00 - 18:00	
	Level 5B	Tuesday (11 - 12.5 yr.)	19:00 - 20:00	
	Level 5C	Thursday (11 - 12.5 yr.)	19:00 - 20:00	
	Level 6A	Thursday (12.5 - 14.5 yr.)	18:00 - 19:00	
	Level 6B	Friday (12.5 - 14.5 yr.)	17:00 - 18:00	
	Level 7A	Tuesday (14.5 - 16.5 yr.)	20:00 - 21:00	
	Level 7B	Friday (14.5 - 16.5 yr.)	19:00 - 20:00	
	Level 9	Thursday (16.5+ yr.)	20:00 - 21:15	

HEELS DANCE

New Class (15+ yr.) -->	Level 1	Friday	20:00 - 21:00
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TAP DANCE

New Class (9 - 11 yr.) -->			Grade 1	Tuesday	16:00 - 17:00
Level 1	Friday	15:00 - 16:00	Grade 2	Friday	15:00 - 16:00
Level 2A	Tuesday	19:00 - 20:00	Grade 3	Thursday	15:00 - 16:15
Level 2B	Thursday	15:15 - 16:00	Grade 4	Monday	15:15 - 16:15
Level 3	Friday	17:00 - 18:00		Friday	18:00 - 19:00

STRETCHING & STRENGTHENING CLASS

New Class -->	Level 1A	Monday (9+ xp.)	14:30 - 15:15
	Level 1B	Thursday (9+ xp.)	14:15 - 15:00

PROGRESSING BALLET TECHNIQUE CLASS

New Class -->	Level 1	Saturday (10+ yr.)	12:00 - 13:00
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